



TAKING OFF THE CAMO

with Patrick Tyndall From Ironman Outdoors

▶ FOCUS VERSES

As iron sharpens iron, one man sharpens another.
Proverbs 27:17

You can't keep your true self hidden forever; before long you'll be exposed. You can't hide behind a religious mask forever; sooner or later the mask will slip and your true face will be known.
Luke 12:2

▶ DISCUSSION

Patrick says “Atmosphere is the key to getting men to open up.”

- Do you agree?
- What atmosphere do you feel most comfortable in? Why?
- Do you seek God in this type of atmosphere?

Patrick talks about the different types of camo people wear and how they help us to blend into our surroundings. He says we know how to act in front of our mother-in-law, we know how to act in front of our boss, and we know how to act in front of the pastor on Sunday mornings.

- Consider what types of camo you may be putting on in the various environments in your life. What do they look like?
 - ▶ At Work
 - ▶ At church
 - ▶ With your kids
 - ▶ With your wife
 - ▶ With buddies on a Friday night
 - ▶ Your parents

Patrick notes that we all struggle with the same things (lust, pride, alcohol, anger, tongue) and we pretend that we don't.

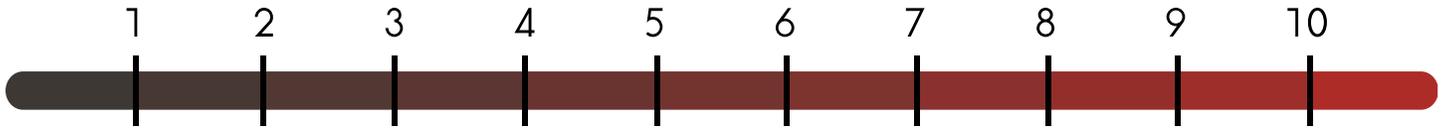
- Think of a time when you have pretended that you don't struggle just because someone else doesn't struggle with that particular sin.
- Were you even aware at the time that you were covering up your shame?
- In retrospect, if you could go back to that same situation again, would you handle it differently? Why or why not?

Patrick shared a few questions that he uses on his retreats.

- Tell me something that you learned from your dad that was really good?
- Tell me something you learned from your dad that wasn't so good?

More discussion points

- One a scale of 1-10 how would you rate your marriage?



- If I asked your wife the same question, what would she rate your marriage?
- What would your kids rate your marriage?



Find this webinar at theredeemed.com/patrick-tyndall-webinar/