



## THE POSER: THE BROKEN SIDE OF MASCULINITY

with Bart Hansen from Wild at Heart Ministries

### ▶ FOCUS VERSES

Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.  
Romans 12:2

### ▶ DISCUSSION

**Bart Hansen tells us that we ask ourselves over and over again “Do I have what it takes?” And often the answer is “No, I don’t. I really don’t have what it takes.”**

**Bart shares that we tend to go in one of three directions when trying to answer that question: addition, resignation (passivity), or faking it.**

- Consider your current life. Ask yourself, do you have what it takes?
- If you feel lacking, ask yourself, do you indulge in an addiction (alcohol, drugs, pornography, cars, sports, gambling?) to help you cope?
- Are you resigned to the fact that is just the way life is? This is just the way your relationship with God is going to be?
- Do you try and act like you have what it takes?

**Are you afraid of being exposed? Of an addiction? Of being a fake or a poser?**

**Bart tells us that at Wild at Heart Ministries they have four questions they ask to discover the “false self”. Discuss these questions openly, honestly with your brothers in Christ. Lean on one another for support and understanding.**

- How do you see yourself posing?
- How would others describe you as a man?
- What would you hope that others would say about you?
- What is it that you are afraid they might say about you?

