



GETTING FREE

with Carl Thomas from Live Free Ministries

▶ FOCUS VERSES

Out of my distress I called on the Lord; the Lord answered me and set me free.
Psalm 118:5

▶ DISCUSSION

When Carl Thomas explains what redemption means to him he adds that for him personally there is an action element attached. That he has been redeemed and he wants to use his testimony to help others. Do you have that same feeling? Explain.

Carl talks about a “light switch moment” where he realized his sins were high jacking his life. That if he continued down his current road he wouldn’t be able to go down a road he believed he was supposed to go down.

- Have you ever had sins that you felt highjacked your life? That restricted you from being able to do things you felt called to do?

Carl Thomas makes the distinction between sobriety and freedom from addiction. He says sobriety is important for healing but it is just one piece of the puzzle. Freedom is the difference between having a thought, entertaining it and dismissing it, versus having to be on guard against those thoughts every day.

- Have you ever had a sin that you no longer partake in (sobriety), but that you are not truly free from because you are constantly on guard?
- If so, are you still struggling? Or have you become truly free?

Carl highlights the importance of small group communities. Talking about real life, having accountability for both the good and the bad. Having people to not only celebrate the good times, but challenge you through trails.

- Do you have a small group where you can be truly open, honest, and real?
- Do you share the good and the bad?
- Do you challenge others even if it is difficult or uncomfortable?



Find this webinar at theredeemed.com/carl-thomas-webinar/