



BECOMING A MAN OF STRENGTH, SUBSTANCE, AND SPIRITUALITY

with Britt Gusmus, *The Oak Tree Source*

▶ FOCUS VERSES

Submit to one another out of reverence for Christ.
Ephesians 5:21

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.
Romans 12:2

▶ DISCUSSION

- 1. Britt talks about how he was blessed with the ability to play sports and that is where a lot of his identity came from.**
 - Where did your identity come from as a young adult?
 - Where does it come from now?
 - Think back about how your identity has changed over your life. What has caused those changes to occur?
- 2. Britt speaks about the idea of evolution and change and knowing that it doesn't matter where you are in life, redemption is possible.**
 - Has there ever been a point in your life that you believed you were beyond redemption?
 - Do you still feel that way?
- 3. Christians often talk about being "born again". Britt says he feels like he has lived two separate lives. If you have put your faith in Jesus, how has that changed you?**
- 4. Britt talks about the meaning behind his book *The Oak Tree Source*. How if we strive to model after Jesus and be the source or starting point of shining God's light out into the world that we as men begin to grow strong roots in our faith. That as a source of sharing God's goodness with those around us we leave behind a legacy.**
 - Why do you think that is an important message for men specifically to hear?
 - If you were to leave this earth today, what would your legacy be?

