



RADICAL MENTORING: UNCOVERING PURPOSE BEYOND THE WRECKAGE

with Kevin Harris, Radical Mentoring

▶ FOCUS VERSE

The things which you have heard from me in the presence of many witnesses, entrust these to faithful men who will be able to teach others also.
2 Timothy 2:2

Teaching them to observe everything I have commanded you. And remember, I am with you always to the end of the age.
Matthew 28:20

▶ DISCUSSION

- 1. Everyone experiences depression differently. Kevin mentions that when he became clinically depressed, his depression didn't show up in high temptation, but in absolute exhaustion.**
 - a. Have you ever been depressed? If so, what are some ways depression presents in you?
 - b. What are things you do to help work through times of depression?

**Related Article: Signs of Depression in Men: It Hits Differently, <https://theredeemed.com/depression-in-men/>
- 2. Kevin talks about the shock to his system that really made him realize something needed to change was someone he trusted (a marriage counselor in his case) really laid out the truth of what was going to happen if he continued down his current path.**
 - a. Have you ever had someone intervene in your life and really lay out a hard truth for you?
 - b. How did you respond?
- 3. Kevin highlights the importance of knowing your story, understanding the redemption in your story, and being willing to share that story.**
 - a. Do you know your story?
 - b. What does the redemption in your story look like?
 - c. Have you ever shared your story with others?
 - d. If you have shared your story with others, what was your motivation to share? If you have not shared your story with others, what is holding you back?



- 4. Kevin mentions that a person's purpose will tend to drift towards whatever they are idolizing.**
- a. If you were to introduce yourself to someone you have never met before, what would you say about yourself?
 - b. Take a moment to reflect on your identity.
 - c. Are any of these areas idols in your life?
 - d. Do you feel that you see your true, God-given purpose through that identity?

