



## SURVIVING THE MOST DIFFICULT SEASONS

with Nate Dewberry, The Redeemed

### ► FOCUS VERSES

And we know that for those who love God all things work together for good, for those who are called according to his purpose.  
Romans 8:28

### ► DISCUSSION

1. Nate related the stories of how both his grandmothers persevere despite the tragic deaths of their spouses. *(See Psalm 116:15 and Revelation 21:4.)*
  - a. Have any of your family members or friends recently dealt with the death of a spouse, particularly an unexpected death?
  - b. What did you find most striking or inspiring about their experiences?
2. The book of Genesis contains the story of Joseph being sold into slavery by his brothers, rising to a position of authority, being jailed as a result of false accusations, regaining his authority, and eventually forgiving his brothers for the way they had treated him. Do any parts of that story resonate with you? Why? *(See Genesis 37-50.)*
3. Nate says the book of Psalms is one of his favorite books because “it helps [him] be honest with God.”
  - a. Do you believe you’re honest with God yourself?
  - b. If not, why not? Is it because you’re reluctant to talk about your feelings or inadequacies, even in prayer? Or do you feel any of the sins you’ve committed are unforgivable?



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- 4. Nate also talks about his own difficult divorce and the range of emotions he experienced, one of which was anger at God. Have you felt that kind of anger about your own circumstances recently, and why?**
  
- 5. In the difficult seasons of life that we experience, we often withdraw from other people.**
  - a. Have you found yourself doing that in your own periods of struggle?
  
  - b. Why do you think that is?



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