



GIVING GRACE TO EVERYONE—INCLUDING YOURSELF

with Jason McKenzie

▶ FOCUS VERSES

The Lord is near to the brokenhearted
and saves the crushed in spirit.
Psalm 34:18

▶ DISCUSSION

1. **If we don't take our pain and try to turn it into something positive, Jason says, that experience was wasted. Think about the problems you're dealing with now, or a difficult time you experienced in the past. What have you learned from those experiences that could help other people going through similar struggles? (See 2 Corinthians 1:3-4.)**

2. **One recurring message from Jason's story is that we must give other people grace, because we never know what kind of hurt they might be hiding.**
 - a. Have you ever been surprised to learn that a friend or relative was going through extremely difficult times?

 - b. Had they been doing a good job of hiding their pain up to that point?

 - c. How did that revelation cause you to view them differently—were you more forgiving or compassionate toward them than you had been before? (See Colossians 3:12-14.)



Find this podcast at theredeemed.com/giving-grace/

3. Jason openly admits he spent a long time being angry with God.

- a. Have you felt a similar kind of anger recently?

- b. What is the cause of that anger?

- c. Is your anger really with God, or someone else?

4. Has someone close to you done something to you that you've struggled to forgive?

(See Mark 11:25, Luke 6:37, and Colossians 3:13.)

- a. If you ended up forgiving them, what finally prompted you to do that?

- b. If you haven't forgiven them yet, what are some things that might be holding you back?

5. Turn the last question around: Did you ever do something to someone else that you desired to be forgiven for?

- a. What was going on in your life that might have prompted you to commit that hurtful act?

- b. Did you ask the person for forgiveness, or did they offer it before you could even ask?

- c. How did you feel afterward?



