

GOD'S STILL WORKING ON ME with Sammy Cosa

FOCUS VERSES

There is a time for everything, and a season for every activity under the heavens: a time to be born and a time to die, a time to plant and a time to uproot, a time to kill and a time to heal, a time to tear down and a time to build, a time to weep and a time to laugh, a time to mourn and a time to dance, a time to scatter stones and a time to gather them, a time to embrace and a time to refrain from embracing, a time to search and a time to give up, time to keep and a time to throw away, a time to tear and a time to mend, a time to be silent and a time to speak, a time to love and a time to hate, a time for war and a time for peace.

Ecclesiastes 3:1-8

DISCUSSION

1. Have you ever been in a situation where a friend, relative, or co-worker—someone you liked and trusted—was engaged in something unethical and assumed you'd be OK with it?

a. Talk about the stress you felt as you tried to navigate that dilemma. How did that stress manifest itself?

2. Did you find a way to resolve or remove yourself from the situation in question 1?

a. If so, how did you accomplish it, and were there any consequences, good or bad, from the action you took?

b. How did you feel afterward?



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3. If you could remove one source of stress in your life right now, what would it be?

a. Have you thought about concrete steps you could take to remove that stress—or, if removing it entirely isn't possible, dealing with it constructively?

- 4. Sammy says he's making "patience" his "word of 2024." What are some ways you could demonstrate greater patience in your own life this year? *(See Proverbs 14:29.)*
- 5. Is there something that you've been wanting and/or working toward for a while, but it hasn't come to fruition yet? *(See 2 Peter 3:9.)*

a. Think back over the time that you've been waiting to achieve or receive this blessing. What things have happened to you during that time, and what have you learned, that you might not have benefited from if your goal had been achieved much more quickly?

6. Have you ever felt like God was testing your faith? (See James 1:2-4.)

- a. What were you going through at the time?
- b. Is there anything God might have wanted you to learn from it?
- 7. Discuss what Sammy had to say about the importance of humility in building and cultivating friendships. *(See Colossians 3:12.)*

a. Are you, like him, someone who's seen by your friends and peers as "having it all together"?



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b. What are the positive aspects of being viewed that way, and what are some potentially negative aspects?

c. Have you ever found yourself getting arrogant—because of your reputation, success, wisdom, or anything else—in your personal relationships, and what did you do to try to take a step back from that arrogance?

8. How have your friendships changed over the years? (See Proverbs 27:9.)

a. Have they adapted to what you've needed in different seasons of your life?

b. What do you think differentiates the people you were only close with for a certain period, or whom you've lost touch with, from the friends you've stayed close with over many years?

