



## DATING WITH PURE HEARTS AND REASONABLE EXPECTATIONS

with Matthew Sanchez and Kory Osigian

### ▶ FOCUS VERSE

Take delight in the Lord, and he will give you the desires of your heart.  
Psalm 37:4

### ▶ DISCUSSION

1. **Have any of your serious relationships ever ended in a way, or at a time, that came at a complete surprise to you?**
  - a. What did that feel like, and how did you deal with the hurt that resulted?
  - b. Did you learn anything that made the breakup make more sense, or hurt less, in hindsight?
  - c. Would you do anything differently?
  
2. **Have you ever been in a situation where you were rejected romantically, but something good came out of it—a different relationship, an opportunity for growth, a realization you'd dodged a bullet?**
  - a. Has that made it easier for you to trust in God's plan for your life?
  
3. **Did you experience any setbacks or traumas as a child that have continued to have an effect on your relationships into adulthood?**
  - a. What kinds of effects is that trauma having?



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b. Have you been taking any steps to try and put it in the past and move on from it?

**4. If you've used dating apps, what's your experience been like?**

a. What prompted you to give apps a try?

b. What's a positive that you weren't expecting?

c. What's proven to be a common frustration?

d. What have you learned?

**5. What was the season in your life when you felt most desperate, relationship-wise?**

a. How did that desperation manifest itself?

b. Did it cause you to make some ill-advised decisions?

c. How did you eventually pull out of that season, and what do you know now that you wish you'd known then?

**6. What were you looking for in a woman when you were in your teens/early 20s, and what are you looking for now?**

a. If the two are pretty different, what do you think has accounted for that change over time?

**7. Do you find it difficult to set reasonable expectations for your dating relationships?**

a. In general, do you find yourself wanting to move faster than the other person, or slower?

b. What are some things you might do to be more on the "same page" as the women you encounter?

