



## MAKING TIME FOR MARRIAGE IN THE MILITARY – PART TWO

with Wang and Evelyn Saechao

### ▶ FOCUS VERSE

And over all these virtues put on love, which binds them all together in perfect unity.  
Colossians 3:14

### ▶ DISCUSSION

- 1. Is maintaining work/life balance something that comes easily to you, or is it often a challenge? (See *Ecclesiastes 4:5-6.*)**
  - a. Why do you think that is?
  
- 2. In your relationship, is one of you the “social director”—the person who takes on the lion’s share of the responsibilities for reaching out to people, establishing friendships, and maintaining them?**
  - a. If that person is you, do you find this responsibility more energizing or stressful?
  
  - b. If that person is your spouse, are there things you could be doing to help out and relieve some of that emotional burden for them?
  
- 3. What would you say is your main hobby or interest?**
  - a. Are you involved in any kind of club or organization around that interest?



- b. If there isn't one in your area, would you ever be interested in starting one?
  - c. What might prevent you from doing that?
- 4. Think back to the way you and your spouse communicated with each other when you were first dating, and how you communicate now.**
- a. How has that communication style changed over the years?
  - b. What aspects of your communication have improved, and what aspects have become more of a struggle?
  - c. What could you and your spouse do to ease those difficulties?
- 5. Talk about Evelyn's advice to say "I feel that . . ." rather than accusing your spouse/partner when something's wrong.**
- a. How do you convey to your spouse that they're doing something you're not happy about?
  - b. Could you be doing it more diplomatically?
- 6. Evelyn also advises couples not to put their kids before their spouses.**
- a. Have there been circumstances in which you've paid more attention to your kids, or put more energy into your relationship with them, and given your spouse less?
  - b. Did your spouse ever indicate to you that they were unhappy with the situation, and if so, how?
  - c. How did you eventually resolve the problem?

