



# How Humility Redefines Success

with Chris de Monyé

## DISCUSSION

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1. Have you ever wrestled, as Chris did, with whether God and eternity are real? What prompted you to do so? Who did you turn to for insight? Talk about the answers you found and the path you had to take to find them.
2. Of all the times you've ever been moved to ask for someone's forgiveness, which one was the hardest, the most intimidating? Did your shame make asking more difficult? Is there something in your life right now that you feel you should apologize or atone for but haven't been able to work up the courage?
3. Chris and his wife struggled with whether to move out west because they knew it was a decision they had to arrive at together. Have you ever made a big life decision that your spouse or partner wasn't really on board with? Has your spouse/partner ever made a life decision you didn't 100% agree with? What kinds of problems did that disagreement cause, and is there anything you wish you'd done differently? When you're faced with those kinds of dilemmas today, how do you and your spouse/partner handle them?
4. Have you ever taken a job that you thought would be menial, or just a way of earning a wage, and it turned out to be much more rewarding? What did you gain from that unassuming job that has turned out to be very valuable in your life?

5. Do you spend a lot of time beating yourself up over goals or recognition you didn't achieve? Does that sense of failure tend to linger for a long time and take enjoyment away from other parts of your life? Think of a success you've had in the past year that you haven't spent a lot of time thinking about. How might that seemingly minor victory be more positive or significant than you've been giving yourself credit for?
6. Is there anyone in your life who has been open about an addiction, problem, or negative tendency they have, but hasn't made any effort to change it or find a solution? How has that affected your opinion of this person?
7. Now think of an addiction, problem, or negative tendency of your own that you've been more open about recently, either in one of The Redeemed's small groups or elsewhere. What inspired you to open up about it? In your discussions about this issue, have you talked about potential solutions or more positive behaviors? If not, what do you think has been keeping you from doing so?
8. How involved are you in your local church? Have you gotten involved in ministries, volunteering, or the day-to-day workings of the church? Or is your time there strictly limited to the services you attend on Sundays? If it's the latter, do you find yourself feeling fulfilled by that participation, or does it still feel like there's something missing from your spiritual journey?