



Killing Apathy and Living Passionately for Jesus

with Jack Kehoe

DISCUSSION

1. Think about the times you've felt most disconnected, lukewarm, or spiritually apathetic. Do any patterns tend to show up in those moments? And if so, what do those patterns reveal about how you might prevent or disrupt them in the future? *Revelation 3:15-16*
2. Do you spend much time comparing yourself to others, envying the wealth, experiences, or personal confidence they seem to enjoy? How do these comparisons make you feel? If you took Jack's suggestion to take a little time each day to give thanks for what you have, how might it change you? *Philippians 4:11-12*
3. Jack describes his teenage addiction to drugs and alcohol as an "escape" from various insecurities, one of which was the feeling that he didn't measure up to his gifted siblings. Did you have similar insecurities when you were that age? Have any of those insecurities lingered into adulthood? Explain. *2 Corinthians 12:9*
4. People, Jack says, are like plants: we need "soil, water, and sun" – a healthy environment that actually supports our growth. How would you describe your current environment, not just physically, but emotionally and spiritually? Is that environment giving you what you need to become who you want to be? If not, what are the key things that need to change? *Psalms 1:1-3*

5. Discuss your most recent (or current) period of singlehood. How did you approach dates or potential relationships? Did you put high expectations on them and then feel disappointed when they didn't measure up? Explain. Have you ever spent time working on yourself in order to become "the one" for someone else?

6. Following up on question 5, if you're currently single, are you intentionally working on yourself right now? If so, what areas have you been focusing on, and how have you seen growth? If not, what parts of your life could you develop so you can approach dating with more confidence, healthier expectations, and less neediness?

7. If you're currently in a committed relationship, describe one or two couples you know who have the kind of healthy, loving marriage you'd like to have with your partner. What kind of a relationship do you have with those couples? What steps could you take to spend more time with them so that you can learn what makes their marriages so strong and fulfilling? *Proverbs 13:20*

8. If you're married, think back to your first year of marriage and describe it in three words. Then discuss what that first year was like. Did you and your wife set aside time with one another to show affection, learn from each other, and get to know each other on a deeper level? If so, how did that time benefit your marriage? If not, what was standing in the way of creating that time with one another, and how might you carve out intentional time with your wife now?
Ephesians 5:25

ADDITIONAL RESOURCES

- *"Called for More"*—Jack and Riley's podcast
- *Unwanted: How Sexual Brokenness Reveals Our Way to Healing* by Jay Stringer